



*Bachelor of Science in Clinical Counselling*

**For enquiries contact:**

Mobile: +23279707019

Email: [ebesliker@gmail.com](mailto:ebesliker@gmail.com)

*Building a civilization of Love*

## Course Objectives

Graduates of the Bachelor's in Clinical Counseling will be able to:

- Identify evidence of mental disorders and suicide risk, substance abuse, or other harmful behaviors when people seek help for physical health problems.
- Recognize the impact of mental disorders and suicide risk, substance abuse, or other harmful behaviors on families.
- Provide knowledge about the symptoms and sequel of a disorder and effective treatments to patients and their families.
- Recognize and utilize family strengths, resilience, and resources to support patients.
- Provide clinic-based as well as ambulatory crisis-intervention services.
- Provide supervised medication and support to individuals with chronic, stable mental disorders by monitoring symptoms and functioning, thus reducing relapses and helping to improve long-term outcomes.
- Determine and make proper referrals to tertiary mental health care for those requiring specialist interventions
- Competently assess and diagnose common, as well as severe, mental disorders and understand the links between physical and mental disorders.
- Administer time-limited psychotherapeutic techniques.
- Design short-course curricula and workshops to integrate mental health .
- education and practice into general health education and training.
- Provide supervision and support to primary care staff delivering mental health interventions to local communities.
- 

- Identify and use effective advocacy strategies on behalf of those with mental disorders at the level of policy-makers, planners and government officials.
- Understand relevant local mental health legislation and the procedures for effective implementation of legislation in clinical practice.
- Demonstrate basic knowledge and understanding of administrative functions and procedures for operating mental health services.
- Apply principles of formal research, including data collection, statistical analysis, and evaluation of findings.
- Provide effective community outreach programs to prevent mental disorders and promote mental health, particularly in preventing suicide and substance abuse.

Apply individual strategies to address problems of stigma and discrimination faced by people in the community with mental disorders

### Programmes Offered

1. Diploma
2. Degree

### Programmes Duration

1. Degree 4 years full time
2. Diploma 2 years full time

### Entry Requirements

Diploma (2 years): Four (4) WASSC credits (or 4 G.C.E. "O" Levels) including English Language.

Bachelor of Science (4 years): 5 WASSC or G.C.E. "O" Levels including English Language

## Curricular Structure

Following the one year Foundation Course and two year Diploma Course in Clinical Counseling, this one year programme will prepare students to work independently as clinical counselors. The course consists of 2 semesters each year. Each semester has 5 modules for a total of 60 credits per semester and 120 credits per year (one credit is equivalent to 10 notional hours of theory, 15 hours for laboratory, and 20 hours for practicum).

## Teaching, Learning, and Assessment

The course is both academic and practical oriented. Various methods of teaching and learning approaches are employed, including Lectures, presentations, seminars, journal readings

Clinical observation and practice, demonstrations, video- or audio recorded observations and critiques, Group work and discussions, role plays, and peer consultation, Quizzes and Directed self-study.

### Assessment

Assessment is accomplished by:

1. Continuous assessment: class tests, assignments, participation:30%
2. End of Semester examination: 70%

### Distance Learning

Distance learners are also encouraged specifically those working. The lecture days for distance learners are:

Friday 4:00 Pm - 9:30

Saturday 8:30 Am - 9:30